

Report: World oral health day-2022

“A smile is an inexpensive way for sound physical, mental & social health”. World oral health day is celebrated on 20TH march every year to create awareness about better oral hygiene & health. This year theme is “Be proud of Your Mouth”. To commemorate this day, the Department of Public Health Dentistry in association with Department of Peridontology of AMC Dental College & Hospital have organized multifarious in house & outreach activities throughout the week. The inauguration ceremony began with lamp lightening by ours respected Dean Madam along with faculties of other departments.

The program consisted of number of different events to include every possible group of individuals as listed below:

1. Free dental check up and awareness program at Rajpur school no 3, Maninagar, Ahmedabad.
2. Training program for school teachers.
3. Oral hygiene awareness lecture for undergraduate dental students.
4. Free dental check up and awareness program at Kids City Kankariya, Ahmedabad.
5. Rangoli competition , selfie contest, and slogan writing competition for the undergraduate and post graduate dental students.

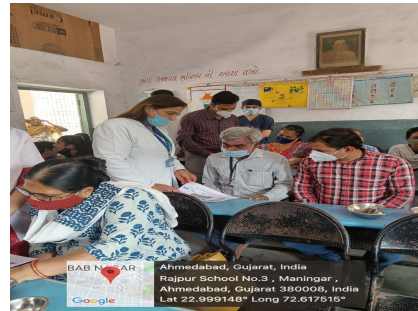
The in house activities were organized by Department of Periodontology at AMC Dental College & Hospital on 21st March 2022, where rangoli competition, selfie contest, and slogan writing were done for the undergraduate and post graduate students to promote oral health & hygiene. The highly informative lecture on “Importance of Oral Health” covering all the aspects for undergraduate students, drawing light upon the awareness and importance of oral hygiene and imparting them knowledge of dependence of the systemic health on oral health for a better living was taken by faculty of Department of Periodontology. Another important in house program was the free drug distribution to the patients in the department of Periodontology. The in house activities also focused on patient oral health education coming to central OPD of the hospital, through various audio-visual aids which was done by Department of Public Health Dentistry and Department of Periodontology.

The outreach activities were organized by Department of Public Health Dentistry at following places:

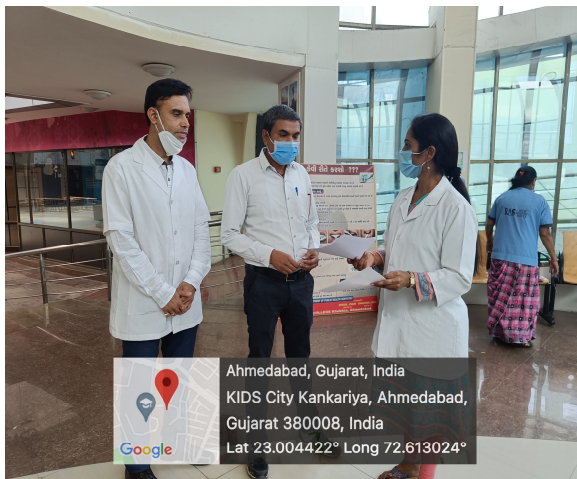
1. At Municipal Rajpur School no. 3, Gomtipur on 14TH march 2022, free dental checkup & oral health education was imparted to school children & school teachers by faculties & interns of Department of Public Health Dentistry along with department of Periodontology. Children were thoroughly explained about the oral hygiene habits and brushing technique with the help of various pictorial aids and models. School teachers were also provided with dental educational leaflets by which the teachers will be able to plan oral health educational activities in school and form a base for good oral health from the early stages of life.
2. At Kids City, Kankaria on 22nd march 2022, free dental checkup & oral health education was imparted to AMC(Ahmedabad Municipal Corporation) officials , visiting children and adults, by faculties & interns of Department of Public Health Dentistry, using multifaceted oral health education aids like posters, pamphlets, study models, audio-visual aids etc. To make the celebration more engaging, various artistic dental props & Photo Booth were also made along with free distribution of leaflets, to sensitize community towards sound oral health.

It's a miniature contribution by ours college to promote awareness regarding maintenance of good oral health as sound oral health is a main gateway to achieve overall good health, as they are both indispensable pillars to maintain good quality of life.

Outreach Activities at Rajpur School No.3:



Outreach Activity at Kids City Kankaria:



In Campus Activities:

