CELEBRATION OF NO TOBACCO DAY ON 31ST MAY YEAR 2022

We started the day at 8:25am (the OMR staff and interns) at Kankaria Maninagar by rallying and counseling the tobacco chewers to stop the habit and explaining them the side effect of tobacco. We got many people to sign a pledge form which stated that from today they will stop this bad habit of tobacco chewing. We also distributed mask with no tobacco stickers on it. We counseled pan and tobacco seller to not sell to any individual below 18 and gave him masks with no tobacco stickers to distribute among his customers.

Then after reaching the college we did a rally including interns & final BDS students with slogan of" Tambakku ka nasha jeevan ki durdasha" and " 31st may No tobacco day". Here we reached to nearby people outside our college and counseled them and made them sign the pledge form stating they will quit from today.

Then we counseled patients in our OPD all day motivating them to quit tobacco. We also held a drama at lecture hall 2 around 2 pm performed by Interns and orientation done by OMR HOD Dr Bhadra Shah motivating the housekeeping staff and security staff to quit the habit. In the drama we explained the people how once being diagnosed by cancer begins the suffering. Cancer causes loss of life also effects financially and emotionally to the family. We explained in detail about first hand, second hand, third hand smoking side effect. The motivation led them to raise their hands saying they will quit this bad habit from today and many people removed tobacco and submitted to us then and there. We also made them sign the pledge form. 100 people pledged signing in form.